

Good wellbeing should be accessible for everyone. One way to get there is through rewarding and sustainable work; a job that's right for you. Finding the right job with the right support can provide structure, social networks and a sense of achievement, as well as improved mental health, confidence and self-esteem.



“ I would not have been able to progress into work by myself without the help of my Employment Specialist.”

About West London Works

West London Works is a partnership between Shaw Trust and Twining Enterprise, offering almost 70 years combined experience supporting individuals with physical and/or mental health challenges access rewarding employment opportunities to help accelerate recovery and build a brighter future.

West London Works

For more information please contact:

E: info@westlondonworks.co.uk

T: 0800 987 4088



Or scan here to visit our website

shaw trust



Twiningenterprise
mental wellbeing through work



Please email: studio@shaw-trust.org.uk to receive this information in a different format.



West London Works

For you



Helping you to gain and retain work for the long term

shaw trust



Twiningenterprise
mental wellbeing through work



West London Works

West London Works is a free, voluntary service, which aims to support you if you have a physical and/or mental health condition and would like to find meaningful employment or stay in your current role. We also provide you with ongoing in-work support in both your new or existing role.

To be eligible for the programme, you must be:

- Over 18 years old
- Living or registered with a GP within Barnet, Brent, Ealing, Hammersmith & Fulham, Harrow, Hillingdon or Hounslow

You can opt out of the service at any time, if you feel it is not right for you.

How do I access the service?

Please email us at:

info@westlondonworks.co.uk

How does the service work?

Using the Individual Placement and Support (IPS) model, a dedicated Shaw Trust or Twining Enterprise Employment Specialist will work with you and your Health and Social Care Professional to provide you with a bespoke service tailored to your preferences and choices, and help you to identify employment goals and create a realistic employment plan.

Once you are in work

And once you are in work, they will provide you with in-work support which will include regular confidential reviews.

Your Employment Specialist will:



Get to know you and your specific needs and requirements.



Create a realistic employment plan based on what you want to do.



Help prepare your tailored CV.



If required, support with how to positively share your mental health experiences to an employer.



Advise on welfare benefits and how these could be affected by going into work.



Help with job searching and engaging with employers.



Help with retaining an existing role.



Provide ongoing in-work support.

Your dedicated Employment Specialist will provide you with a unique blend of practical and emotional support to help you on your journey back in to work or to remain in a role that has perhaps become difficult.